

GREEN ISLE MILE

Newsletter of Green Isle Camogie Club February 2006

Winners: Southwark Irish Festival 2005



Green Isle Camogie Club are the current Champions of the Southwark Irish Festival.

Green Isle Camogie Club wish the Irish Festival organisers every success and look forward to competing in 2006.

Southwark Irish Festival Gaelic Games Sports Day - Saturday 1st July and Main Festival Day Sunday 2nd July 2006 at Peckham Rye Park, London SE15.

More pictures to follow...

So what is CAMOGIE all about?

Well it is a lot of laughs say Green Isle, it is a team sport from Ireland for women. It is like a freestyle combination of hockey, lacrosse and rounders.

How to try it out?

Get in contact, you can email for more details green.islecamogie@googlemail.com WWW.greenislecamogie.co.uk

Club members live all around South London and 'burbs including Beckenham, Herne Hill, Peckham, Catford, Lewisham, Greenwich, Woolwich, Bexleyheath, and Surrey - so lifts can usually be organised!!

green.islecamogie@googlemail.com



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**Want to join?
Get Fit?**

**Indoor Training at
Woolwich Waterfront on
Wednesday evenings from 7
pm - current March 2006**

**Outdoor Summer Training at
Ladywell Park, Catford on
Wednesday evenings at 7 pm -
starts mid March**

www.greenislecamogie.co.uk



**Blythe Hill
Tavern**

**Blythe Hill Road
Catford SE6**

**GAA, Setanta, Sky
Irish Music Thurs
Evening**

Camogie Rules ?!!

**With rules similar to hurling the aim of
game is simple:**

**Using a hurley (a flat stick made of ash
wood), score a goal or points by moving
the tennis-ball-size "sliothar" down the
field and past the goalie through the H-
shaped goal post.**

**Get a goal by scoring below the bar -
worth 3 points!!; score above the vertical
bar - 1 point. Getting down the pitch
with the ball is the fun freestyle element**

**Camogie rules are you can hit the sliothar
with your hurley or balance it on your
hurley and run with it, but you can't
throw it in the air with your hands or
carry it in your hand for more than three
steps. There is a lot of scope there.**

**Beginners are always welcome.
The team sorts out hurleys and
helmets 4 new players. Just
bring your trainers.
C'mon have a go !!**



**Green Isle
Camogie Club**